



next to normal

Music by TOM KITT

Books & Lyrics by BRIAN YORKEY

Directed by SHAWNDA MOSS

Music Direction by DAVIS UNDERWOOD

Produced by ZACK ELZEY



August 11-19, 2023

Liahona Preparatory Academy Theater 2464 W 450 S, Pleasant Grove, Utah

utahvalleytheatrefestival.com



Welcome to the Utah Valley Mental Health Theatre Festival!

Our mission is to bring together quality local theatre and share with the community as we celebrate, educate, and uplift through the performing arts.

Through this inaugural theatre festival - the first of its kind in Utah - we hope to bring audiences together. We hope to present thought-provoking, moving, inspiring, and entertaining theatre and instill awareness and empathy for those suffering with mental health concerns.

We have four different and incredible productions as a part of this festival and we hope that you will attend each of their unique and poignant performances. From the depths of Hamlet's despair to the joy of Klouns comedic artistry to the intensity of *Next to Normal's* family dynamic to the songs of happiness in *You're a Good Man, Charlie Brown*, the Utah Valley Mental Health Theare Festival will take us on a journey that we can connect to and commune with.

Thank you for your patronage. We hope to see you again at the theatre!

Zack Elzey
Founder



next to normal

Music by TOM KITT

Books & Lyrics by **BRIAN YORKFY**

Original Broadway Production Produced by David Stone, James L. Nederlander, Barbara Whitman, Patrick Catullo and Second Stage Theatre

Orchestrations by Michael Starobin and Tom Kitt Vocal Arrangements by AnnMarie Milazzo

New York Premiere Produced by Second Stage Theatre, New York, February 2008 Carole Rothman, Artistic Director Ellen Richard, Executive Director 'Next To Normal' was subsequently produced by Arena Stage in November 2008.

Developed at Village Theatre, Issaguah, WA (Robb Hunt, Executive Producer, Steve Tomkins, Artistic Director).

An earlier version was presented in the 2005 New York Musical Theatre Festival. Support for the development of "Next To Normal" was provided by the Jonathan Larson Foundation.

Directed by SHAWNDA MOSS

Music Direction by **DAVIS UNDFRWOOD**

Assistant Director / Lighting Designer / Stage Manager **ADAM GOWERS**

LISA ELZEY

BRADLEY MOSS

Costume Designer Sound Designer Set & Properties Designer ZACK ELZFY

Backstage Crew MICHAEL OLSEN

Costume Assistant / Photographer JAIME WARD

Produced by ZACK ELZEY

Next to Normal

Is presented through special arrangement with Music Theatre International (MTI). All authorized performance materials are also supplied by MTI. www.mtishows.com

CAST

Diana	SHAUNNA THOMPSON
Dan	CARSON DAVIES
Natalie	ALEXA THOMPSON
Gabe	R. GEORGE BANNER
Henry	RYAN WARD
Dr. Fine / Dr. Madden	KEVIN ELZEY



Photo by Jaime Ward

MUSICAL NUMBERS

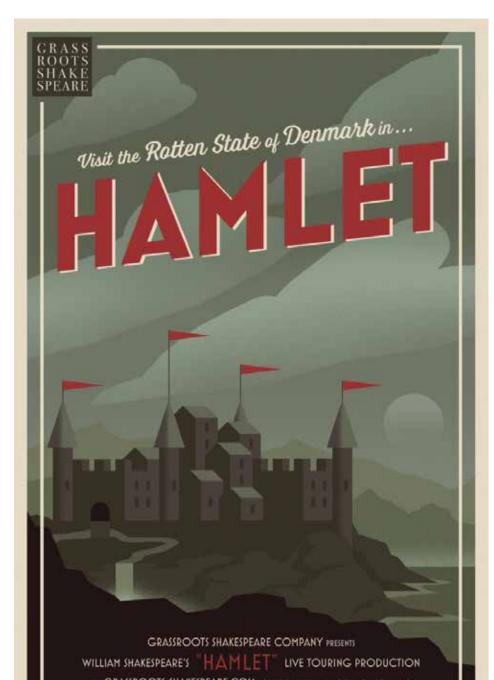
ACT ONE

"Prelude (Light" / "Just Another Day"	Diana, Natalie, Gabe, Dan
"Everything Else"	Natalie
"Who's Crazy" / "My Psychopharmacologist and I"	Dan, Diana, Dr. Fine, Voices
"Perfect for You"	Henry, Natalie
"I Miss the Mountains"	Diana
"It's Gonna Be Good"	Dan, Gabe, Henry, Natalie
"He's Not Here"	Dan
"You Don't Know"	Diana
"I Am the One"	Dan, Gabe
"Superboy and the Invisible Girl"	Natalie, Diana, Gabe
"I'm Alive"	Gabe
"Make Up Your Mind" / "Catch Me I'm Falling"Dr. N	ladden, Dan, Gabe, Diana, Natalie
"I Dreamed a Dance"	Diana, Gabe
"There's a World"	Gabe
"I've Been"	Dan, Gabe
"Didn't I See This Movie?"	Diana
"A Light in the Dark"	Dan, Diana

MUSICAL NUMBERS

ACT TWO

"Wish I Were Here"	Diana, Natalie
"Song of Forgetting"	Dan, Diana, Natalie
"Hey #1"	Henry, Natalie
"Seconds and Years"	Dr. Madden, Dan, Diana
"Better Than Before"	Dr. Madden, Dan, Diana, Natalie
"Aftershocks"	Gabe, Diana
"Hey #2"	Henry, Natalie
"You Don't Know (Reprise)"	Diana
"How Could I Ever Forget?"	
"It's Gonna Be Good (Reprise)"	Dan, Diana
"Why Stay?"	Diana, Natalie
"A Promise"	Dan, Henry
"I'm Alive (Reprise)"	Gabe
"The Break"	Diana
"Make Up Your Mind" / "Catch Me I'm Falling" (Reprise,)Dr. Madden, Diana, Gabe
"Maybe (Next to Normal)"	Diana, Natalie
"Hey #3" / "Perfect for You (Reprise)"	Henry, Natalie
"So Anyway"	Diana
"I Am the One (Reprise)"	Dan, Gabe
"Light"	Full Company





AUGUST 12th & 19th @ 7:30pm Rotary Park, American Fork FREE ADMISSION

DIRECTOR'S NOTE

This is a beautiful, heart wrenching story filled with many different themes. For this particular production, we played with examining the characters and their collective and individual storylines in relation to a drop of water. Everyone knows what happens when a drop of water is released into a still pool of water. The immediate effect is devastating, breaking the surface and disturbing the water. The further effects of that drop of water move outward from the initial contact, causing disruptions and rippling that cover the entire surface of the water.

Thus it is with this family - a traumatic event had an immediate, devastating effect on those most closely involved. Years later we see that they, and those around them, are still feeling the ripple effects. While the outer reaches of the "water" seem unaffected, the reality is that the trauma is still affecting the family and rippling out to others. I know that there is rippling water all around us - in those we love as well as strangers. May we do what we can to help heal and calm the water.

Shawnda Moss

SPECIAL THANKS

McKenzie Pederson & The HAMSAM Foundation Jordan Long & Liahona Preparatory Academy Oak Canyon Junior High

Dani Schroader

Joe Anderson & Andersound

Timpanogos Arts Foundation & The Valentine Theater

CopyTec

SCERA

Pleasant Grove Players

Jaime Ward

Nidel Day

Gina McGirr

Annadee Morgan

Jasmine Hohl

Kristina Fontana

Jan Banner

Shelby Lange

Akemi Nakashima

Katie Loftus

Crista Cowan

Jennifer Utley

Kevin & Lisa Elzey

Megan Reardon

Doug Irey

Sandra Ozuna

Dianna Graham

Jeff Sundwall

Karen Teuscher

Krista Hemsley

Colton Hattabaugh

Brian & Shaunna Thompson

Brodee Ripple

Luke Elzey

Jamie Ward

Brian Hadfield

Marlene Brinkerhoff Myers

Dr. Dan Heist

Kacey Spadafora

Kye Tanner

Ben Henderson

Carson Davies

RESOURCES

Mental Health Resources



United Way 2-1-1 is a free and confidential number that individuals and families can call or text to find local community resources, programs and services based on their needs.



ADDICTION/ SUBSTANCE ABUSE

Addiction and Psychological Services provides outpatient mental health and substance abuse services including educational classes and counseling:

American Fork	801-847-7272
Orem	801-222-0603
Spanish Fork	801-794-2350

Project Reality offers a variety of services designed to provide comprehensive, therapeutic treatment for those struggling with substance abuse. Primarily treats patients suffering from opioid use disorders; 801-851-7118.

Utah County Department of Drug and Alcohol Prevention and Treatment provides access to services for those who struggle with substance abuse and addiction; 801-851-7128.

Alliance Clinical Services provides individual and group counseling for substance abuse; 701-763-7775.

Institute for Cognitive Therapy provides substance abuse treatment services for adolescents and adults; 801-802-8608.

House of Hope provides residential treatment services for pregnant women and women who are trying to reunite with their children; 801-373-6562.

ADVOCACY AND AWARENESS

Hope 4 Utah provides suicide training and prevention efforts for school districts, leaders and community members; 801-342-3444.

National Alliance on Mental Illness improves the lives of those who live with mental illness and their families. They provide free educational classes; 385-208-1796.

EveryDay Strong provides tools to build resilience in children who are anxious or depressed. You can find their trainings, webinars, handbooks, and other useful content at www.everydaystrong.org.

COUNSELING/THERAPY

BYU Comprehensive Clinic provides affordable mental health services to local community members. These services include counseling, psychological and neuropsychological assessment and support groups; 801-422-7759.

The Family Support and Treatment Center offers several services, such as individual counseling, family counseling, and child counseling for those who have been affected by trauma; 801-229-1181.

Mountainlands Family Health Center offers individual therapeutic sessions. Fees based on sliding scale if eligible; 801-429-2000.

Utah Valley Psychiatry and Counseling Clinic provides outpatient counseling services for children and adults. Accept CHIP, Medicare, and private insurance. Sliding scale fee is available if eligible; 801-357-7525.

Wasatch Wellness Recovery Clinic is a no-fee clinic for individuals who are uninsured or underinsured. The clinic offers group therapy, case management, psychiatric evaluations; 801-852-3789.

Provo Canyon Behavioral Hospital provides counseling services for individuals 12 years and older. Medicaid, Medicare, Tri-care and most insurances are accepted; 801-852-2273.

EATING DISORDERS

Center for Change offers treatment for a variety of severe eating disorders. Provides inpatient and outpatient therapy, residential treatment, and follow-up care; 801-224-8255.









RESOURCES

MENTAL HEALTH EVALUATIONS/ ASSESSMENTS

BYU Comprehensive Clinic offers free child and family check-ups. \$50 psychological assessments and \$400 neuropsychological assessments; 801-422-7759.

Wasatch Mental Health offers walk-in assessments and intake for Medicaid patients only. Held every Monday, Tuesday and Thursday at 8 am and 12 pm; 801-373-9656.

Provo Canyon Behavioral Hospital provides a free suicide risk assessment available 24 hours a day, 7 days a week; 801-852-2273.

Highland Springs Specialty Clinic provides comprehensive mental health evaluations; 1-800-403-0295.

SUPPORT GROUPS

Alcoholics Anonymous of Utah supports alcoholics and families to overcome alcoholism; 801-484-7871.

Utah Support Advocates for Recovery Awareness works to empower people in all stages of addiction recovery; 385 -210-0320.

Compassionate Friends provides support groups for parents, grandparents and adult siblings who have recently experienced the death of a child; 801-471-7011.

Narcotics Anonymous provides peer support groups for those struggling with overcoming drug addiction; 801-810-4081.

National Alliance on Mental Illness provides support groups for individuals with mental illness and their family members; 385-208-1796

<u>VETERANS</u>

Provo Veterans Center offers support groups and bereavement counseling, and other related services; 801-377-1117

Veteran Crisis Line provides a 24/7 crisis line for veterans; 800-273-8255.

EMERGENCY/ CRISIS

Crisis Line of Utah County is a 24-hour confidential hotline available to anyone who is experiencing a crisis; 801-691-5433.

UNI Crisis Line provides 24-hour phone service staffed by mental health professionals; 801-587-3000.

Crisis Text Line provides confidential and free crisis support and relief with trained crisis counselors; text START to 741-741.

National Suicide Prevention Lifeline is a 24-hour, toll-free and confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress; 1-800-273-8255.

Wasatch Mental Health - Crisis Services can be accessed by anyone through the Recovery Outreach Center or the 24-hour Crisis Line; 801-373-7393.

Revised July 2019

For more information and assistance, call 2-1-1 or text your zip code to 898211.

BIOS



SHAUNNA THOMPSON (Diana)

Shaunna is a local professional stage and film actress. She lives in American Fork with her family and is thrilled to be in this beautiful musical! Especially alongside her sweet daughter! She just finished the musical *Once* at Hale Center Theater in Orem, as Baruska, and can be seen on the television show *Yellowstone* and various commercials and will have another deliciously cheesy Christmas movie coming this winter on Hallmark. She hopes you enjoy every moment of this show and wishes you a mentally healthy 2023!



CARSON DAVIES (Dan)

Carson is thrilled to be a part of this amazing cast & crew of *Next to Normal*. He was most recently seen as "Bank Manager" in the musical *Once* at Hale Center Theater Orem, where he also took the stage as "Sweaty" Eddie Souther in *Sister Act* last fall. He was also in Hale Centre Theatre Sandy's recent production of *Titanic: the Musical* as 3rd Officer Pitman/The Major. He would like to thank the production team for their trust, guidance & support throughout this process.



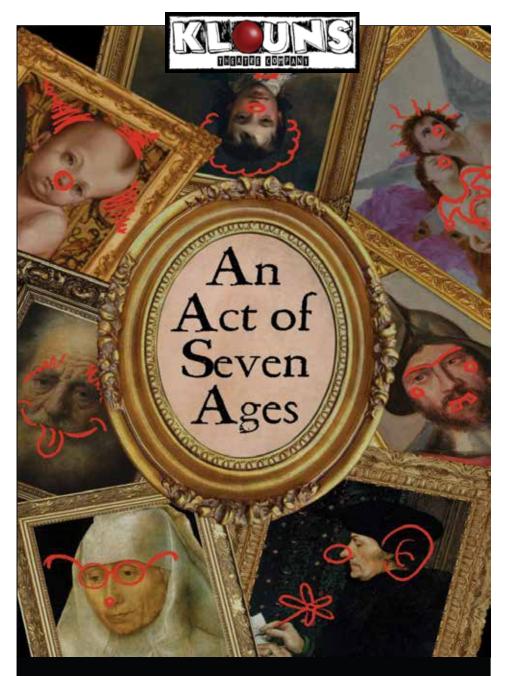
ALEXA THOMPSON (Natalie)

After many years of living/performing in St. George then Logan, Alexa is finally making her Utah Valley theatrical debut! She is currently a music director at Liahona Academy, and a private voice teacher. This show has been her dream since she saw it at PTC in 2011, and is still shocked and honored that she gets to perform alongside her inspiration, her mom. Her favorite role is and always will be mama to her little guy, Roman. She thanks you all for your love and support, especially for a show as intense and beautiful as this one.



R. GEORGE BANNER (Gabe)

George has dreamed of being in *Next to Normal* since high school. He is so excited to bring this role to life and feels honored to be a part of such a talented and powerful production. His favorite credits include: The concert film and live performances, at the Eccles theater, of Rob Gardner's *Lamb of God* (False Witness), *Little Women* (Professor Bhaer) and *Hairspray* (Link Larkin) at the HCTO. George just recorded the end-credits song ("Far Longer Than Forever") for the final *Swan Princess* film, releasing Fall 2023.





AUGUST 11, 12 & 16

Liahona Preparatory Academy Black Box Theater utahvalleytheatrefestival.com

BIOS



RYAN WARD (Henry)

Ryan has been performing in local theater for the majority of his life. He was most recently seen in *It's a Wonderful Life* as George Bailey (Covey Center for the Arts) and in *Catch Me If You Can* as Agent Cod (SCERA). Ryan is currently a Junior at BYU studying Information Systems. He is grateful for the opportunity to share this story with all of you and for the chance he's had to work with such wonderful, talented people in the process.



KEVIN ELZEY (Dr. Fine / Dr. Madden)

Kevin is honored to be sharing the stage with such incredible performers and people. When not performing, Kevin is either playing with his family, working with his cousin on a couple of businesses or teaching business classes at Brighton High School. Some favorite roles include: Mr. Feldzig in *The Drowsey Chaperone*, Wiesel/Jacobi in *Newsies*, Lt. Schrank in *West Side Story*, Trotter in *The Mousetrap*, and Toby in *110 in the Shade*. Kevin wants to thank his mother for instilling a love of Broadway musicals at a young age by playing all of the classic records while he was growing up. "Thank you to my wife and family for their support!"



Photo by Jaime Ward



YOU'RE A GOOD MAN, CHARLIE BROWN



August 11, 12, & 15, 2023 Liahona Preparatory Academy Theater

